

The title graphic features a dark blue background with abstract, flowing lines in yellow and light green. The text 'Hand Writing' is centered in a large, white, sans-serif font.

Hand Writing

Concerns & Strategies

Concerns

- Writes with too much pencil pressure, too little pressure
- Irregular sequencing of strokes when forming letters
- Poor pencil grasp
- Problems with spacing, alignment and sizing of letters/words
- Slumped posture; holds head close to paper
- Lack of established hand dominance; left-handed writer

Intervention Strategies to Try

- Write letters with a highlighter for student to trace
- Use a start dot on letters/numbers for correct sequencing of strokes
- Use pencil grips, larger pencils, or markers for writing
- Hand warm-up and strengthening exercises
- Do not require writing on lines if not ready for lines
- For older students, use an AlphaSmart or computer, reduce amount of work
- Use adapted paper with middle guideline (size of notebook paper) with spaces between lines

- Positioning: Desk at the correct height, feet touching the floor
- Paper positioned at the correct angle with non-writing hand stabilizing paper

